



Sign up for important updates from Coach Yarbrough?.

Get information for **WSFHAO** right on your phone—not on handouts.

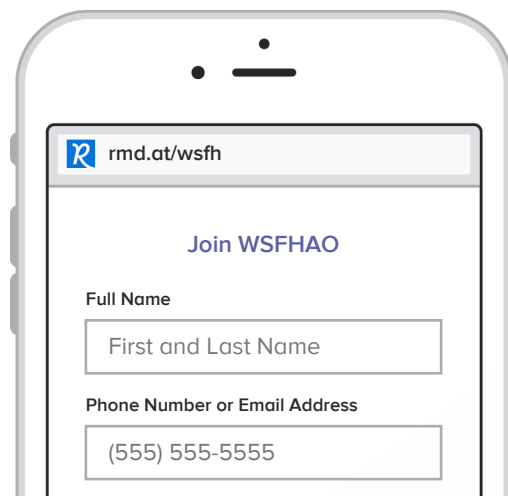
Pick a way to receive messages for **WSFHAO**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/wsfh

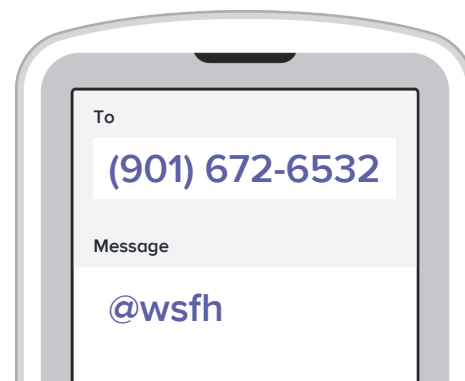
Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@wsfh](https://www.whatsapp.com/channel/0029va811111111111) to the number (901) 672-6532.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/wsfh on a desktop computer to sign up for email notifications.