



Sign up for important updates from Stamford's Office.

Get information for **Stamford Parents** right on your phone—not on handouts.

Pick a way to receive messages for **Stamford Parents**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/stamford

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

Smartphone screen showing the Remind app sign-up page for rmd.at/stamford. The page has a title "Join Stamford Parents" and two input fields: "Full Name" with placeholder "First and Last Name", and "Phone Number or Email Address" with placeholder "(555) 555-5555".

B If you don't have a smartphone, get text notifications.

Text the message [@stamford](https://t.me/stamford) to the number **(289) 205-1037**.

** Standard text message rates apply.*

Smartphone screen showing a text message interface. The "To" field contains the number **(289) 205-1037**, and the "Message" field contains **@stamford**.

Don't have a mobile phone? Go to rmd.at/stamford on a desktop computer to sign up for email notifications.