



Sign up for important updates from Ms. Ruedy-Decker.

Get information for **NPALC** right on your phone—not on handouts.

Pick a way to receive messages for **NPALC**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/msruedy

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

The image shows a smartphone screen displaying a web browser with the URL rmd.at/msruedy. The page title is "Join NPALC". Below the title, there are two input fields: "Full Name" with a placeholder "First and Last Name", and "Phone Number or Email Address" with a placeholder "(555) 555-5555".

B If you don't have a smartphone, get text notifications.

Text the message [@msruedy](https://api.whatsapp.com/send?phone=81010) to the number **81010**.

** Standard text message rates apply.*

The image shows a smartphone screen displaying a text message interface. The "To" field contains the number "81010". The "Message" field contains the text "@msruedy".

Don't have a mobile phone? Go to rmd.at/msruedy on a desktop computer to sign up for email notifications.