



Sign up for important updates from Mr. Driemeier.

Get information for **US Gov Heavy** right on your phone—not on handouts.

Pick a way to receive messages for **US Gov Heavy**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/mon-tes-q

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

The image shows a smartphone screen with the URL rmd.at/mon-tes-q at the top. Below the URL is the heading "Join US Gov Heavy". There are two input fields: "Full Name" with the placeholder text "First and Last Name", and "Phone Number or Email Address" with the placeholder text "(555) 555-5555".

B If you don't have a smartphone, get text notifications.

Text the message [@mon-tes-q](https://t.me/mon-tes-q) to the number **(573) 234-4092**.

** Standard text message rates apply.*

The image shows a smartphone screen with a text message interface. The "To" field contains the number **(573) 234-4092**. The "Message" field contains the text [@mon-tes-q](https://t.me/mon-tes-q).

Don't have a mobile phone? Go to rmd.at/mon-tes-q on a desktop computer to sign up for email notifications.