



Sign up for important updates from HMS Principal.

Get information for **HMS Community** right on your phone—not on handouts.

Pick a way to receive messages for **HMS Community**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/hmsupdates

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

The image shows a smartphone screen with a web browser displaying the sign-up page for HMS Community. The address bar shows 'rmd.at/hmsupdates'. The page title is 'Join HMS Community'. There are two input fields: 'Full Name' with a placeholder 'First and Last Name', and 'Phone Number or Email Address' with a placeholder '(555) 555-5555'.

B If you don't have a smartphone, get text notifications.

Text the message [@hmsupdates](https://t.me/hmsupdates) to the number **(973) 668-4567**.

** Standard text message rates apply.*

The image shows a smartphone screen with a text messaging app. The 'To' field contains the number '(973) 668-4567'. The 'Message' field contains the text '@hmsupdates'.

Don't have a mobile phone? Go to rmd.at/hmsupdates on a desktop computer to sign up for email notifications.