



Sign up for important updates from Mr. Rolandas and ONDA swim team.

Get information for **Oakland Undercurrent Swim Team and Swim School** right on your phone—not on handouts.

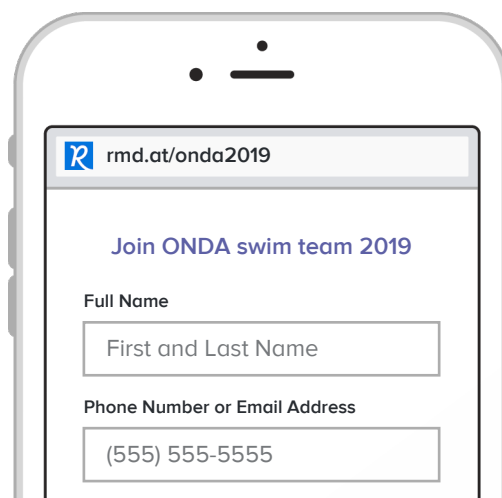
Pick a way to receive messages for **ONDA swim team 2019**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/onda2019

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message **@onda2019** to the number **81010**.

If you're having trouble with **81010**, try texting **@onda2019** to **(925) 235-0121**.

* Standard text message rates apply.



Don't have a mobile phone? Go to rmd.at/onda2019 on a desktop computer to sign up for email notifications.