



# Sign up for important updates from Coach Newby.

Get information for 7/4 right on your phone—not on handouts.

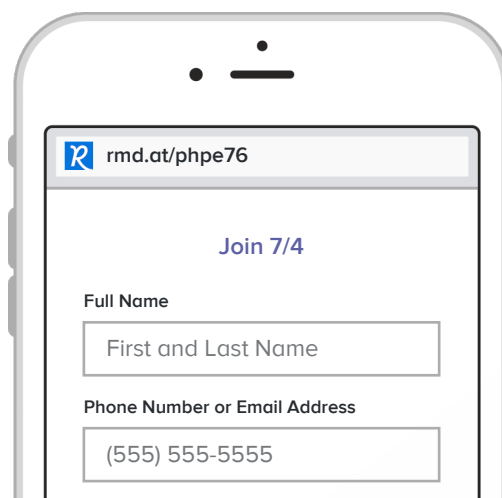
Pick a way to receive messages for 7/4:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/phpe76](http://rmd.at/phpe76)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** If you don't have a smartphone, get text notifications.

Text the message [@phpe76](https://www.remind.com/help/faq/what-is-remind) to the number **81010**.

If you're having trouble with **81010**, try texting [@phpe76](https://www.remind.com/help/faq/what-is-remind) to **(919) 745-8407**.

*\* Standard text message rates apply.*



Don't have a mobile phone? Go to [rmd.at/phpe76](http://rmd.at/phpe76) on a desktop computer to sign up for email notifications.