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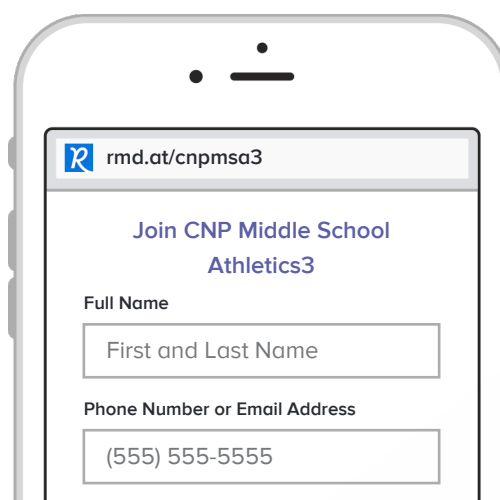
Pick a way to receive messages for **CNP Middle School Athletics3**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/cnpmsa3

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@cnpmsa3](#) to the number **81010**.

If you're having trouble with **81010**, try texting [@cnpmsa3](#) to **(918) 928-7035**.

* Standard text message rates apply.



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