



Sign up for important updates from M. Neighbors and S. Snider.

Get information for **Ponder HS Volleyball** right on your phone—not on handouts.

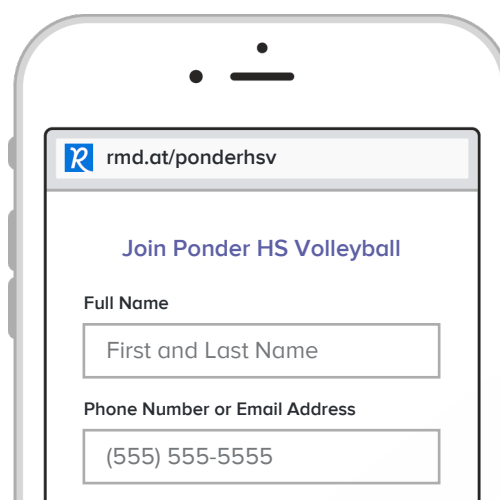
Pick a way to receive messages for **Ponder HS Volleyball**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/ponderhsv

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@ponderhsv](#) to the number **81010**.

If you're having trouble with **81010**, try texting [@ponderhsv](#) to **(678) 792-3218**.

* Standard text message rates apply.



Don't have a mobile phone? Go to rmd.at/ponderhsv on a desktop computer to sign up for email notifications.