Remind

# Sign up for important updates from Mrs. Albaum.

Get information for **Pre-Health Students 2015** right on your phone—not on handouts.

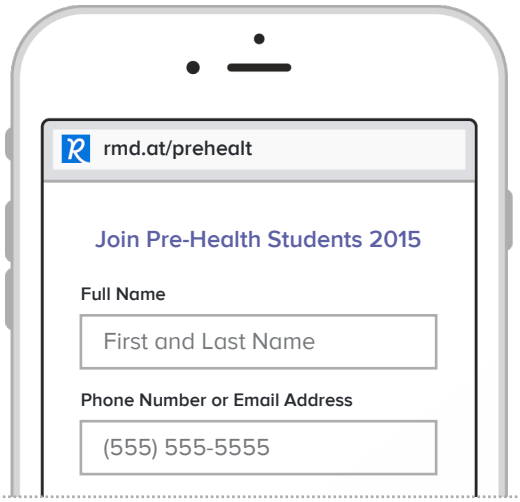
Pick a way to receive messages for **Pre-Health Students 2015**:

A **If you have a smartphone, get push notifications.**

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/prehealt

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.




B **If you don't have a smartphone, get text notifications.**

Text the message @prehealt to the number 81010.

If you're having trouble with 81010, try texting @prehealt to (620) 860-2778.

** Standard text message rates apply.*




**Don't have a mobile phone?** Go to rmd.at/prehealt on a desktop computer to sign up for email notifications.