



Sign up for important updates from Ms. Millinor.

Get information for **STEM 2023** right on your phone—not on handouts.

Pick a way to receive messages for **STEM 2023**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/lshsstem23

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

rmd.at/lshsstem23

Join STEM 2023

Full Name

First and Last Name

Phone Number or Email Address

(555) 555-5555

B If you don't have a smartphone, get text notifications.

Text the message [@lshsstem23](#) to the number **81010**.

If you're having trouble with **81010**, try texting [@lshsstem23](#) to **(540) 369-4788**.

** Standard text message rates apply.*

To

81010

Message

@lshsstem23

Don't have a mobile phone? Go to rmd.at/lshsstem23 on a desktop computer to sign up for email notifications.