



Sign up for important updates from L. Taylor (HHS).

Get information for **Directed Studies** right on your phone—not on handouts.

Pick a way to receive messages for **Directed Studies**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/dstaylor

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

The illustration shows a smartphone screen with the URL rmd.at/dstaylor at the top. Below the URL is the heading "Join Directed Studies". There are two input fields: "Full Name" with the placeholder text "First and Last Name", and "Phone Number or Email Address" with the placeholder text "(555) 555-5555".

B If you don't have a smartphone, get text notifications.

Text the message [@dstaylor](https://t.me/dstaylor) to the number **81010**.

If you're having trouble with **81010**, try texting [@dstaylor](https://t.me/dstaylor) to **(435) 216-4104**.

** Standard text message rates apply.*

The illustration shows a smartphone screen with a text message interface. The "To" field contains the number **81010**. The "Message" field contains the text [@dstaylor](https://t.me/dstaylor).

Don't have a mobile phone? Go to rmd.at/dstaylor on a desktop computer to sign up for email notifications.