



# Sign up for important updates from Dr. Lesley Bogad.

Get information for YDEV COHORT 3 right on your phone—not on handouts.

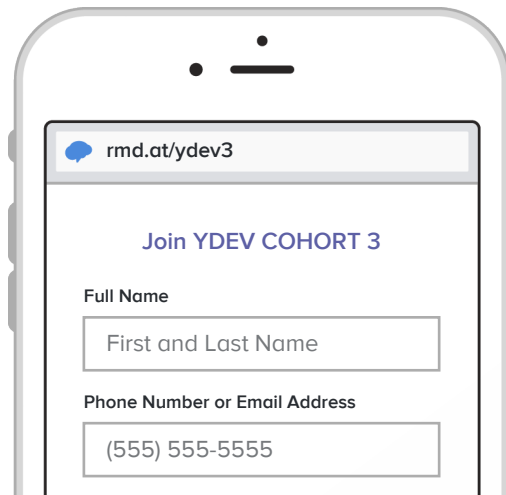
Pick a way to receive messages for YDEV COHORT 3:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/ydev3](https://rmd.at/ydev3)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** If you don't have a smartphone, get text notifications.

Text the message [@ydev3](#) to the number **81010**.

If you're having trouble with **81010**, try texting [@ydev3](#) to **(401) 206-5667**.

*\* Standard text message rates apply.*



Don't have a mobile phone? Go to [rmd.at/ydev3](https://rmd.at/ydev3) on a desktop computer to sign up for email notifications.