



Sign up for important updates from Mrs. Stone.

Get information for **Cross Country** right on your phone—not on handouts.

Pick a way to receive messages for **Cross Country**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/wmsxc

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

The smartphone screen displays the URL rmd.at/wmsxc at the top. Below the URL is the heading "Join Cross Country". There are two input fields: "Full Name" with the placeholder text "First and Last Name", and "Phone Number or Email Address" with the placeholder text "(555) 555-5555".

B If you don't have a smartphone, get text notifications.

Text the message [@wmsxc](https://www.remind.com) to the number **81010**.

If you're having trouble with **81010**, try texting [@wmsxc](https://www.remind.com) to **(330) 306-9683**.

* Standard text message rates apply.

The smartphone screen shows a text message interface. The "To" field contains the number **81010**. The "Message" field contains the text [@wmsxc](https://www.remind.com).

Don't have a mobile phone? Go to rmd.at/wmsxc on a desktop computer to sign up for email notifications.